

Doctors to Health®

Restoring Health

**International Edition
Issue 3**

September - December 2010

INSIDE THIS ISSUE:

Commitment to Wellness	2
Corporate Wellness	2
Special Events	2



“Medical Evangelist”

It is with great pleasure that we salute you again, our patients, well wishers, fans, friends and patients to be!

We continue on a blessed path to bring the best of Naturopathic Medicine to you, families and community. Our desire is that you may be able to care for your whole being and truly understand that your body is the temple of the Most High.

May you continue to be receptive to our service which we gladly give from grateful hearts and trust that the testimonials shared will inspire you on your journey towards wholeness, love, joy and purity of Mind, Body & Spirit.

Healthy Regards,

Dr. Derek Senior

Dr. Lewis Senior



Learn More

GET THE FACTS

- Homeopathy
- Acupuncture
- Lifestyle Counseling
- Herbal Medicine
- Blood Type Nutrition
- Detoxification

Stop by any of our locations and pick up a brochure and a free gift!

Let Us Care for You ... Naturally

With so many places that sell natural products, it becomes harder everyday to find one main source that satisfies your needs.

DRS Health Pharm stands to provide you with excellent quality natural products especially Vitamins, Minerals and other Nutritional Products that are of very high quality and also very effective. A short visit to see Dr. Senior in action will tell you that he has just what patients and seekers

of natural healing want.

At DRS Health Pharm you are in good hands. Stop by today and learn about Homeopathy, Acupuncture, Chinese Medicine, herbal products and blood type nutritional dieting for weight loss, diabetes, cancer, hypertension and many more health conditions.



Commitment to Wellness

For yourself, your family and community.

The mission of DRS2HEALTH® is to first bring healing to the individual; then family, and ultimately the community. We are committed to providing the best care for optimal health and wellness using non-toxic naturopathic modalities. We believe that everyone has an innate healing potential and when given the right remedy and the right environment, healing will occur on all three levels: mind, body and spirit. We strive to maintain a service atmosphere that fosters healing and renewal of mind, body and spirit.

We provide naturopathic medical care for all age groups and collaborate

care with a select group of family and general medical practitioners, nurse practitioners, psychologists, physical therapists, pastors and others.

We have 35 years of healthcare experience combined in conventional and Naturopathic medicine. Our success stories and testimonials include Cancer, Diabetes, Allergy,



Arthritis, Sickle Cell, Lupus, High Blood Pressure, Autism, ADD/ADHD, Women's Health issues, Men's Health issues, and more.

Make a commitment to wellness today and write your own story! To get started call us at (876)754-2950; (876)926-8843 or (203)374-5309 and visit www.DRS2Health.com.

Corporate Wellness

"Today, adults spend 60% of their waking hours at work! This makes the workplace an ideal opportunity for companies to take the initiative to promote health and wellness among it's employees. Successful companies depend on efficiency, productivity, and cost effectiveness. A healthy workforce is essential to the continued growth and

"We have over 35 years of combined experience!"

prosperity, of any business," according to Dr. Lewis-Senior.

Why should your company consider a wellness program?

By offering a wellness program or transforming the work environment into one that promotes health, employers can take important steps to dramatically reduce health care

costs and prevent un-

Dr. Lewis-Senior is a Naturopathic doctor that transforms workplace environments into environments that promote health and also provides wellness programs and lifestyle seminars based on the needs of a company. To learn more about Corporate Wellness or to have your company participate in our Corporate Wellness program, Call (876)754-2950; (876)926-8843 or (203)374-5309 and Email: doctors@doctorstohealth.com.

Special Events: Call to Register (876)754-2950 or (876)926-8843

December

Music As Medicine

Concert

December, 2010

Venue: TBD
Kingston, Jamaica, WI

October

Seminar: Boost Your Immune System

Fight Cancers, HIV, Lupus, Rheumatoid Arthritis, Sickle Cell and other diseases.

28 Haining Rd.

Kingston 5, Jamaica, WI

November

4th Annual Healer's Gala

"Up Another Level"

November 19, 2010

Doctors To Health®:



Dr. Derek Senior is a Naturopathic Doctor and Clinical Nutritionist. He has a strong background in Nuclear Radiology and has worked extensively with many cardiologists and nuclear physicists. He is highly sought after for his skills in nuclear cardiac imaging. He focuses on cardiac disorders and men's health. He holds a BS degree in Healthcare Administration from Lehman College in Bronx, NY, a MS degree in Human & Clinical Nutrition from the Nutrition Institute at University of Bridgeport in Bridgeport, CT and a doctorate in Naturopathic Medicine from the University of Bridgeport College of Naturopathic Medicine. He completed his internship at the Montefiore Hospital in New York, University of Bridgeport Health Science Center, Yale-Griffin Integrative Center in Derby, CT, Greenwich Hospital and Waterbury Hospital in Connecticut.



Dr. Dorette Lewis-Senior is a Naturopathic Doctor and Acupuncturist. She has been working extensively in the field of Holistic Health & Wellness in various healthcare settings for several years. She is a highly sought after Speaker for women's retreats and various other conferences, workshops and Corporate Wellness programs. She is the founder of Healing Streams Support Group for Women, The Superb Physicians Network and The Alliance for Independent Executives (TAFIE). Her practice focuses on women's health. She holds a BS degree in Nursing from the College of Mt. Saint Vincent in Riverdale, NY, a MS degree in Acupuncture from the Acupuncture Institute at the University of Bridgeport in Bridgeport, CT and a doctorate in Naturopathic Medicine from University of Bridgeport College of Naturopathic Medicine. She is also a certified Alcohol & Drug Detoxification Specialist.



Dr. Sonia Copeland is the Acting Director of Disease, Prevention and Control for the Ministry of Health. She has a Medical Degree from the University of Havana and a Master of Science, Public Health degree from the University of the West Indies. While also maintaining certifications in: Human Resource Management for the Health Sector; Epi in Action (Epidemiology and Outbreak Investigation); Health care and Quality Improvement; Basic Herbology; Therapeutic Touch Healing; and First Degree Reiki.



Y. Anita Shipp is Executive Marketing & Event Planning Consultant. She is highly sought after for her skills in marketing and event planning. Currently Principal Consultant & CEO of her company, Intuitive Productions, LLC located in Fairfield County, Connecticut. Anita is an expert in her field, responsible for Program Development, Marketing Design, Graphics & Custom Printing, and Portfolio Design of Doctors to Health and its products.



Joan Myers is a multi-talented gospel singer, songwriter, a dynamic performer and an excellent Business Management Consultant. Besides her passion for music, she is the chief consultant for Business Development, Strategic Planning and Management of Doctors to Health. Joan successfully completed the Association of Accountants and Technicians examination and pursued further studies for the Association of Certified and Public Accountants. She also attended City University of New York where she pursued a degree in Accounting.

"Our passion is helping patients get well"

Patient Testimonials

ADD/ADHD: Ten years old and not talking. After two months of treatments

Parent Response: *My son started talking! For the first time I could take him to the grocery store and shopping was a pleasant experience.*

Patient Response: *Upon seeing Dr. Derek he replied "What's Up Doc". He said he was ready to go get "chicken or burger"!*

SICKLE CELL: Entire life spent

majority of school years in hospital with tutors assisting in keeping up with her school work.

Parent Response: *"Dr. Senior I just wanted you to know my daughter will graduate from high school on time and will walk across the stage on her own.*

Patient Response: *I just returned from my check up and there is no trace of Sickle Cell in my system. I owe it all to you! Can you please refill my treatment, I don't want to be without!*

S.M. Ocala, FL

LUPUS: December 16, 2007 was a very dark day for me. In January, 2009 I met and began treatment with Dr. Senior. He has assisted in my recovery by treating my Mind, Body & Spirit. I can now do things that I haven't been able to do in a long time. It's May, 2010 and I've recently opened a center for sick children and its in full operation. I am doing WELL. **J.S. Ocala, FL**

28 HAINING RD.
KINGSTON 5, JAMAICA, WI
876.754.2950 P
876.926.8843 P

239 PLATTSVILLE RD.
TRUMBULL, CT 06611
203.374.5309 P
203.374.6836 F

DOCTORS TO HEALTH®

*Let Us Care for You ...
Naturally*

Listen & Watch for more information:

- Love 101 FM
- Beverly Manley Breakfast Club
- Jamaica Telephone Directory - Yellow Pages
- The Daily Gleaner
- CVM TV

The Wellness Mobile



Naturopathic Medical Care

Dr. Lewis-Senior & Dr. Derek Senior
Naturopathic Doctors



Experience More Ways of Addressing Your Health Conditions

Treatment Modalities: Acupuncture * LifeStyle Counseling
* Detox * Homeopathy * Nutrition Therapy
* Supplementation * Physical Medicine

Medical Conditions Helped: Asthma * Cancer * Diabetes
* High Blood Pressure * Arthritis * Autism/ADHD
* Depression * Pain * Auto-Immune Disorders
* Obesity * Chronic Skin Conditions * Infertility

and Many More!



To Book Your Wellness Appointment call 203-374-5309 / 876-754-2950 or 876-926-8843

Email: doctors@doctorstohealth.com

To learn more about Doctors To Health, visit www.DRS2Health.com