



FACILITATOR

Dr. Lewis Senior is a licensed Naturopathic Physician with a special interest in women's health.

She is a graduate of the University Of Bridgeport College Of Naturopathic Medicine. She completed her rotations at Waterbury Hospital, Greenwich Hospital and Yale-Griffin Integrated Medical Center.

She was a Registered Nurse for several years and thus is very knowledgeable about all aspects of alternative and conventional medicine. You can be confident in her care as she avails to you the best of conventional and alternative medicine. Readily offering

DISCUSSION TOPICS

- Menopause
- Fertility
- Self Esteem
- Domestic Violence
- Obesity
- Incest
- Homelessness
- Marriage & Family
- Being Single
- Substance Abuse
- Chronic Diseases
- Prayer/Meditation
- Forgiveness

Suggestions for other topics will be considered!

SUPPORT OFFERED

Counseling, individual/
family

Spiritual Retreats

Monthly Meetings

Free 15 minute ND
Consultation for 1st
time visitors.

*Registration Necessary

PHONE:
203-374-5309

EMAIL:
doctors@doctorstohealth.com



UPLIFTING SUPPORT GROUPS

To hear about our next meeting or to become a member of the group,

Please call:

203-374-5309

914-484-5309

WHAT TO EXPECT

A relaxed atmosphere
Facilitated discussions

Prayer & Healing

Special Celebration

Refreshments



prayers, Dr. Lewis-Senior always finds a remedy for every weary spirit.

Dr. Lewis-Senior believes in the integration of the mind, body and spirit in achieving and maintaining health. She is a competent, caring and compassionate physician. She believes that her God given purpose is to serve humanity through medicine. Patients have described her as enthusiastic, energetic, and an all around great person.

MISSION & PHILOSOPHY

The mission of Healing Streams Support Group for Women (HSSGW) is to provide a safe and emotionally supportive network for all women ages 20 and older; regardless of race, religion or creed. Healing Streams Support Group for Women aims to provide or lead women to resources that can help them achieve a balance life. It was founded by Dr. Dorette Lewis-Senior in 2002.

Dr. Lewis-Senior believes that this is a mission placed in her heart by God. She believes that ultimate joy comes out of loving God with all your heart and then loving others as you love yourself. This, she states, is very important to remember in striving for a balanced life.

The philosophy of Healing Streams is rooted in the fundamentals of Naturopathic Medicine; which sees the individual as a whole person not just individual system, but being affected by emotional, environmental and physical factors.

Another philosophy of HSSGW is “doctor as teacher”. Dr. Lewis-Senior desires to teach people how to restore and maintain health by modification of lifestyles, harmony with God, self, others and nature.

Healing Streams Support Group for Women supports the philosophy of disease prevention through education, early detection and risk factor reduction.

DIRECTIONS

CONNECTICUT

Interstate 95: North/South:

Exit 27 Follow signs to Park Ave, Follow Park Ave to Old Town Rd. Right onto Old Town Rd, and Left onto Plattsville Rd.

Merritt Parkway:

Exit 47 - Left onto Park Ave, Left onto Old Town Rd and then Left onto Plattsville Rd.

Metro North Train:

New Haven line to Bridgeport, and then transfer to taxi or #3 or #4 bus to Old Town Rd.

Healing Streams Support Group for Women

CONNECTICUT

239 Plattsville Road
Trumbull, CT. 06611
Phone: 203-374-5309

EMAIL:

doctors@doctorstohealth.com

HEALING STREAMS SUPPORT GROUP FOR WOMEN



*“A place
where Prayers
are offered
and health
is restored.”*

Facilitator:

Dr. Dorette Lewis-Senior

Board Certified Naturopathic Physician

Phone:

203-374-5309

Email:

doctors@doctorstohealth.com